

# The Respectful Athlete: Online Training

## OVERVIEW

Respect in sports is important. Young athletes must treat other players, coaches, officials, and spectators with respect at all times.

Our respect in sports online training is a self-paced learning experience that most participants can complete within 30 minutes. The objective is to help young athletes deepen their understanding of both acceptable and unacceptable attitudes and behaviours, and identify practical ways to support an inclusive, respectful sport environment.

## WHAT YOU WILL LEARN

- Identify the characteristics of a respectful athlete and understand the importance of respect in sports
- Recognize acceptable and unacceptable attitudes and behaviours
- Define discrimination, harassment, and bullying
- Know how to respond appropriately in situations involving unacceptable behaviours, whether as the victim, the accused, or a by-stander
- Know that sport teams, leagues and associations have rules and regulations guiding behaviour and that there are consequences for breaking those rules and regulations

## WHY YOU WILL ENJOY THE LEARNING EXPERIENCE

- **Start now.** The learning experience is 100% online. Start immediately.
- **Learn at your pace.** This is a self-paced course. Move through content materials at a pace that matches your learning style and prior knowledge of the topic.
- **Use any device.** Responsive design lets you learn using a computer, smartphone or tablet.
- **Get a Certificate of Completion.** As soon as you pass mandatory testing, you can download a Certificate of Completion that includes your name and the date of training.
- **Enjoy the experience.** Learning doesn't need to be boring! We keep you engaged, with interactive exercises, pop up quizzes, scenario activities, and more.

## HOW LONG DOES THIS COURSE TAKE TO COMPLETE

This is a self-paced learning experience. That said, most participants will complete the course within 1.0 – 1.5 hours.

To learn more about Canadian Diversity Initiative courses and how we can help your organization visit our website: [www.candiversity.com](http://www.candiversity.com)