

Neurodiversity in the Workplace

OVERVIEW

This self-paced, online course builds awareness of neurodiversity in the workplace. Participants learn about the strengths, challenges, and support needs of neurodivergent colleagues, with a focus on respecting and accommodating individual differences.

PARTICIPANTS WILL LEARN:

- Explain what neurodiversity means and describe some of the many ways brains learn, process, and communicate, including ADHD, autism, and dyslexia.
- Recognize the strengths and challenges neurodivergent coworkers may experience, and identify practical ways to support their success at work.
- Make small, meaningful changes to day-to-day communication, meetings, and workplace practices that can help everyone thrive.

ABOUT THE LEARNING EXPERIENCE

- **Immediate access.** Participants can start training right away and can download a *Certificate of Completion* as soon as they pass mandatory testing.
- **Self-paced.** Individual learners move through the material at a pace that matches their learning style and prior knowledge of the topic.
- **Available on any device.** Participants can use a computer, smartphone, or tablet. All they need is an internet connection.
- **Interactive and practical.** This isn't just about reading or watching videos. Interactive exercises, quizzes, and scenario-based activities keep participants engaged and reinforce key concepts.

TIMELINE FOR COMPLETION

This is a self-paced course. Most participants will complete their training within 30-45 minutes.